

Do you need help, **THIS CHRISTMAS?**

ASSISTANCE IS AVAILABLE FOR RESIDENTS OF BLACK DIAMOND / TURNER VALLEY, HIGH RIVER, OKOTOKS & FOOTHILLS COUNTY:

CHRISTMAS FOOD HAMPERS

Contact your nearest food bank:

- **Oilfields Food Bank**, Register at: www.oilfieldsfoodbank.com, 403-612-1291
- **Okotoks Food Bank**, Register at: www.okotoksfoodbank.ca, 403-651-6629
- **The Salvation Army Foothills Community Ministries**, 403-336-4387

CHRISTMAS MEALS

- **Baby It's Cold Outside**, Christmas Meal, 403-660-3648

Email: bcohelp@hotmail.com

TOYS & GIFTS

- **The Salvation Army Foothills Community Ministries**,
(Children 18 & under), 403-336-4387

OR

- **My City Care**, 403-606-6812
Register at: okotoks@mycitycare.ca

OR

- **Baby it's Cold Outside**, 403-660-3648

Email: bcohelp@hotmail.com

